

Challenges in targeting areas for public action. Target areas at the right place and at the right time

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While some public interventions are implemented across a whole country and concern everyone, many public interventions focus only on a segment of the population (priority groups) or a part of the territory (priority areas). Targeting groups (ie, children, elderly people, pregnant women, smokers, migrants, etc.) has long been a strategy to reduce social and health issues. Recently, targeting areas has emerged as an attractive way to implement public action. However, area-based interventions raise significant challenges for policy-makers, especially when they want to kill two birds with one stone by combining two targets: priority groups (ie, for whom health issues are frequent) and priority areas (ie, for whose attributes impacting health outcomes gain to be modified).

AREA-BASED INITIATIVES: WHAT MAKE THEM SO APPEALING?

In many countries, policies targeting a limited number of specific areas have gained in importance. These area-based initiatives result from two rationales. Some areas are targeted because they are places where there is a concentration of people affected by health problems (cf. spatial segregation). Other areas are targeted because the area attributes themselves are involved in the production of health problems (cf. neighbourhood effects). Beyond these two not necessarily convergent rationales, at least five driving factors explain why policymakers find area-based initiatives appealing¹⁻³: (1) area attributes appear to be more easily modifiable and controllable than individual attributes, (2) implementing initiatives in a limited number of areas seems to be cost-effective notably when issues are spatially concentrated and cumulative, (3) functioning as a politically correct euphemism, it conveniently avoids the formulation of issues explicitly linked with 'minority groups', (4) ongoing decentralisation processes (meeting citizen expectations for enhanced local democracy and community empowerment) leave local governance structures

with the task of designing initiatives in the areas where needs are found to be the greatest and (5) with the increasing availability of precisely localised data, local-level diagnosis has become systematic and has encouraged policymakers to adapt their actions to local specificities. For all these reasons, area-based interventions become strategic in public health actions. However, policymakers still face some challenges to implement their local interventions at the right place and at the right time.

TARGET AREAS ACROSS THE SCALES

When adopting an area-based approach in order to reach priority groups, policymakers may translate societal problems into problems that concern only small, circumscribed areas or 'poverty traps'. Actually, the underlying causes of health issues being concentrated in some specific areas are primarily of a structural nature and are, therefore, external to the local communities where their effects are most acute.⁴ Placing emphasis on areas to solve people's health issues may lead to fall into reverse ecological fallacy and see areas as king-size individuals—to paraphrase Hosfstede speaking about cultures.⁵ Such *area pathologization* (figure 1)—sometimes called 'spatialism' or 'localism'—is indicative of neoliberal urban policies which muddy the waters by confounding problems *in* the city with problems *of* the city.⁶ Moreover, these policies may in return contribute to strengthening the discrimination and stigmatisation of residents on the basis of their neighbourhood of residence.

With the recent popularity of local-level diagnoses that are often based on population-based attributes, another scale challenge in defining the target areas for public action arises. When using population-based attributes as a proxy for individual attributes, it is now frequent to select areas as small as possible to avoid falling into the well-known ecological fallacy.⁷ While this common-sense practice (to be closest to the people targeted) is appropriate for area-based initiatives aiming to reach priority groups, it is much more debatable for initiatives aiming to change area attributes involved in the

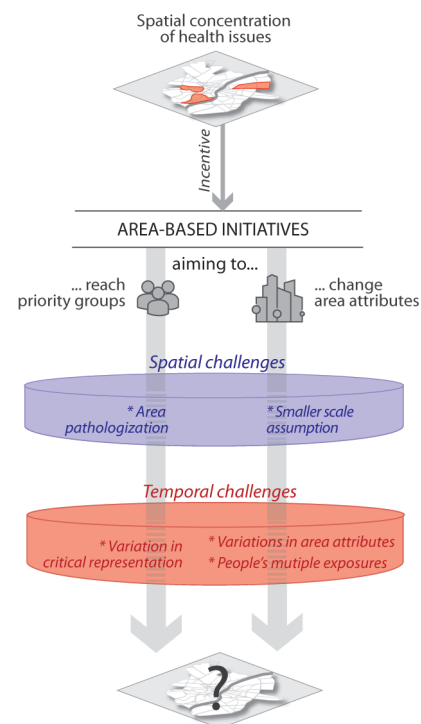


Figure 1 Spatial and temporal challenges for area-based initiatives.

production of health issues (cf. neighbourhood effects). In this case, it is perilous to consider the *smallest scale as the best* (figure 1). It can lead to increase the spatial lag between the underlying causes of a concentration of health issues and the action scales chosen to reduce them.⁸

TARGET AREAS AROUND THE CLOCK

Besides spatial scales, time scales also matter when targeting areas for public action. A first temporal challenge arises when policymakers define the nature of areas (and their priority level) from the concentration of people in priority groups residing in these areas. By proceeding in this manner (often from local level diagnosis based on census-based data), one assume that people do not move outside their residential area during the day. When interventions (such as health promotion campaigns) intended for priority populations are implemented during the day in areas where people with health issues are highly concentrated during the night, it may lead to ineffective results, notably if these daytime initiatives target some areas where priority groups have gone off and if, inversely, they do not target the areas where the priority groups have gone to spend the day. The critical representation (ie, the effectiveness of area-based targeting in reaching people in priority groups) has rarely been empirically tested²

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and only from residential-based estimates.⁹ It would therefore be interesting to investigate *variation in critical representation* (figure 1), that is, how representation of priority groups within priority areas change (or not) around the clock. Such an approach, inspired from time-geography, may help to link the temporality of public health interventions with people's daily mobility and to improve the ability of an intervention to reach the people they target (see online supplementary figure (A) for an illustrated example).

Two other temporal challenges occur when policymakers define the nature of areas (and their priority level) from their attributes at a given point in time. By proceeding in this manner, the first danger is to assume that there are not *variations in area attributes* over 24 hours (figure 1), without, for example, considering change in air pollution, opening and closing times of facilities or changes in the neighbourhood social composition throughout the day.¹⁰ The second danger is to assume that areas with negative attributes should necessarily be considered as critical, whatever people's daily mobility and *multiple exposures* (figure 1). Excluding places where people have regular daily activities can lead to a 'local trap'¹¹ since neighbourhood effects go beyond neighbourhoods of residence alone. To take an example in the Paris region, it has been shown that low medical density increases the risk of delayed health screening only for residents whose activity space is limited to their neighbourhood of residence.¹² Areas with negative attributes should not be considered to be of the same priority level regardless of whether the people visiting these areas (1) remain there all day long or only move to areas with the same attributes or (2) move to and spend much of the day in areas with positive attributes. Actually, it would be beneficial that target areas result from the combined location of negative area attributes and people with high exposure over 24 hours (see online supplementary figure (B) for an illustrated example). It would prevent policymakers from going after the wrong target when they plan interventions to reduce health inequities. Agent-based modelling or geovizualisation tools (eg,

the Mobiliscope offering an interactive exploration of people's mobility within metropolitan areas over the 24 hours a day¹³) may be helpful in the investigation of spatio-temporal dynamics.

A temporal approach remains a blind spot in the definition of target areas for public actions. While the decision to target areas results from two different rationales (either to reach priority people or to change the area-level attributes themselves), there is a crucial shared need to account for people's daily mobility when one is aiming to reach all people in need of support (instead of just those people who are residing in a concentration area) or to change negative area-attributes to which populations are effectively exposed. If it is true that initiatives related to housing conditions or initiatives implemented during the night may be efficiently defined from a residential-based approach, as is traditionally done, the same cannot be said for initiatives aiming to change the environment to which people are exposed daily or for initiatives implemented during the day.

To conclude, we encourage researchers and public actors to keep in mind that area-based initiatives would greatly benefit from seeing areas as dynamic systems over different spatial and time scales. Additional work and discussions are needed to quantify how much moving away from the traditional approach based both on areas of residence and resident population improves efficiency of area-based initiatives.

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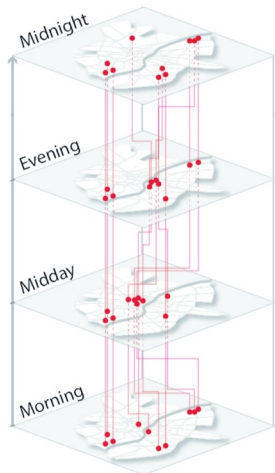
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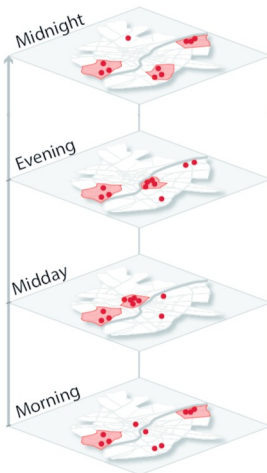
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A. Target areas for interventions aiming to reach people (e.g. prevention campaign intended for smokers)

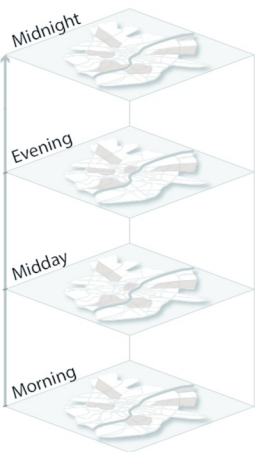


● Space and time location of **people** in priority groups

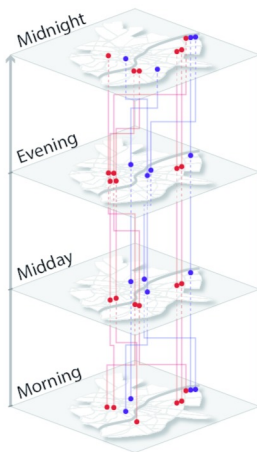


■ **Priority areas** defined from the spatial concentration of people in priority groups around the clock

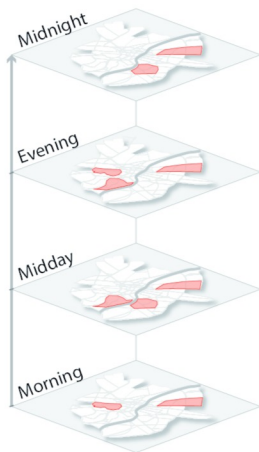
B. Target areas for interventions aiming to change area attributes (e.g. such as campaigns to improve air quality)



■ **Areas** with negative attributes around the clock



Space and time location of **people** with ● high or ● low exposure to negative area attributes according to time spend in areas



■ **Priority areas** defined from the combination of space and time location of (i) negative area attributes and (ii) people with high exposure